

SHIFT BRIEFING |

Take caution and dress for success

Working outside during the winter can be cold and windy. Remember, CSA approved safety footwear and safety vests are mandatory when working below the wing. This includes on the ramp, baggage laterals and on the apron.

A few tips on how to dress to stay warm this winter:

- **Look at the forecast before your shift** to prepare and dress for the weather.
- **Wear loose-fitting clothing layers over a base layer** to retain body heat.
- **Wear a wind proof and waterproof coat that is reflective as your top layer.** Your reflective outer piece needs to be CSA approved Class 2 reflective safety vest standard.
- **Use the two-layer sock system.** Wear a thin sock to wick away moisture and a wool sock on top to keep your feet warm. Bring an extra pair of socks in case you need to change during the day.
- **Wear insulated work boots** to keep you warm throughout your day.
- **Always wear a toque or winter hat.** You lose 30-50% of heat from your head. On extremely cold days, you may require more than a toque to keep warm.